



Lighthouse Relief CFS Summer Camp

Ritsona, Greece

Summary

Lighthouse Relief (LHR) offers a Child Friendly Space (CFS), a Youth Engagement Space (YES) and a Female Friendly Space (FFS) in Ritsona Camp in Central Greece.

With the summer fast approaching and schools closing we need to expand our activities in the CFS to include activities for school children age 6-14. This will be done in the form of a Summer Camp.

In order to cater for this additional group of children, we are seeking funding to cover our 12 week Summer Camp, including program support costs.

About Lighthouse Relief

[Lighthouse Relief](#) (LHR) is a Swedish organisation that sprang to life on the shores of Lesbos in 2015, to provide emergency relief to the unprecedented number of refugees making the perilous journey to Greece by sea. In 2016, LHR expanded to the mainland and a Greek branch, Lighthouse Relief Hellas, was registered.

We provide long-term relief, in the form of Psychosocial Support Services (PSS) and Protection programming, to vulnerable groups such as women, children, and youth in camps in mainland Greece and help them to regain a sense of community and dignity. Additionally, we are still providing emergency relief to refugees arriving in Lesbos, along with our night watch from the lighthouse in Korakas. We also support the local community by restoring the island of Lesbos through our [Lighthouse ECO Relief](#) clean-up and upcycling program.

What is a Child Friendly Space?

Child Friendly Spaces (CFSs), in accordance with guidelines set out by UNICEF, are widely used in emergencies as a first response to children's needs and an entry point for working with affected communities. For the past year, LHR has operated a CFS, providing a safe space for resident children in Ritsona camp.

Supporting the psychosocial well-being of children living in refugee camps is critical. They need safe places to learn and play, 'to be children', and to continue their normal family lives. In Greece, refugee children younger than 6 do not have access to the national school system, and often lack structured alternatives. Child friendly spaces can help to protect children both physically and psychologically against exploitation and harm.

Structure, social interaction, and mental stimulation play vital roles in the psychological development of children of all ages.

Our Child Friendly Space (CFS) is a safe place where children aged 3 to 5 can learn through play and regain a sense of normality in an emergency. The purpose of the CFS is to offer psychosocial support services that reinforce the resilience and wellbeing of children. It allows them to play, create art projects and learn what's needed for their safety, both inside and outside camp life, through fun thematic activities conducted in a safe environment.

CFS Summer Camp Programme

For the residents of Ritsona Camp, the closure of Greek schools during the summer poses an interruption to an essential daily structure. By expanding our programme and services during a 12 week Summer Camp, LHR will provide an opportunity for school-age children 6-14 to engage in constructive and recreational psychosocial support activities while safeguarding the existing programme for children aged 3-5.

Objective: To enact ongoing psychosocial support programming during the Greek School System's 12-week intersession by providing a structured opportunity for social interaction, learning, and play to school-age children (6-14) living in Ritsona Camp.

Project Start Date & Duration: The intended start date will coincide with the end of Chalkida School District's current 2016-2017 session. For students aged 6-11, June 19 and for students aged 12-14, June 26.

Itinerary: Daily sessions will be held from 1pm-4pm each weekday. An additional 2-3 evening sessions per week will be held. Weeks may be assigned general themes that will serve as basis points in the creation of weekly schedules consisting of both physical and creative activities (ex: Olympics, Circus, Nature, and Beach).

Example of schedule:



CAMP RITSONA WEEKLY SCHEDULE : Week D - Circus Week

Day	Welcome Circle (1-1:35)	P.E. (1:35-2:20)	Snacks (2:20-2:30)	Energiser (2:30-2:40)	Creative (2:40-3:40)	Closing Circle (3:40-4:00)
Mon	Small Games/ Puzzles/ Hula Hoops, etc, Nametag Distribution, Camp Welcome Song, Fruit	Gymnastics	Water, fruit, biscuit, and one additional snack will be provided	A list of various energisers will be developed including name games. Other activities include parachute, four corners, arm cross, and team building.	Clown Mask: Using paper plates, colored pom-poms, googly eyes, and tissue paper, children will create their own clown mask	Camp Closing Song, Feedback/Group Debrief, Nametag Turn-in, Snack
Tue	Small Games/ Puzzles/Hula Hoops, etc, Nametag Distribution, Camp Welcome Song, Fruit	Acro Yoga	Water, fruit, biscuit, and one additional snack will be provided	A list of various energisers will be developed including name games. Other activities include parachute, four corners, arm cross, and team building.	Spinner toy: Children will decorate a circular piece of construction paper and place a string through the center. Spinning and tightening the string will create a fun toy	Camp Closing Song, Feedback/Group Debrief, Nametag Turn-in, Snack
Wed	Small Games/ Puzzles/Hula Hoops, etc, Nametag Distribution, Camp Welcome Song, Fruit	Soccer	Water, fruit, biscuit, and one additional snack will be provided	A list of various energisers will be developed including name games. Other activities include parachute, four corners, arm cross, and team building.	Talent Show Practice: Children can work as teams to create a talent show performance to be performed on Friday. This can include gymnastic and acro yoga (P.E.)	Camp Closing Song, Feedback/Group Debrief, Nametag Turn-in, Snack
Thu	Small Games/ Puzzles/Hula Hoops, etc, Nametag Distribution, Camp Welcome Song, Fruit	Dance Class	Water, fruit, biscuit, and one additional snack will be provided	A list of various energisers will be developed including name games. Other activities include parachute, four corners, arm cross, and team building.	Talent Show Practice: Children can work as teams to create a talent show performance to be performed on Friday. This can include gymnastic and acro yoga (P.E.)	Camp Closing Song, Feedback/Group Debrief, Nametag Turn-in, Snack
Fri	Small Games/ Puzzles/Hula Hoops, etc, Nametag Distribution, Camp Welcome Song, Fruit	Circus Day	Water, fruit, biscuit, and one additional snack will be provided	A list of various energisers will be developed including name games. Other activities include parachute, four corners, arm cross, and team building.	Talent Show Practice: Children can work as teams to create a talent show performance to be performed on Friday. This can include gymnastic and acro yoga (P.E.)	Camp Closing Song, Feedback/Group Debrief, Nametag Turn-in, Snack

Ritsona Summer Camp Budget

Expense Item	Monthly Cost (Per 4 Weeks)	Total Cost (12 Weeks)
Activity Costs	€1,202.80	€3,440.40
Food/Water Costs	€1,244.50	€3,733.50
Cleaning & Hygiene Costs	€142.70	€428.10
Overall Site Expenses	€1,205.27	€2,415.80
Total Summer Camp Costs	€3,795.27	€11,217.80